

# Rapid Visual Detection of Imipramine, Citalopram, and Sertraline by Citrate-Stabilized Silver Nanoparticles

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(Received: 12 November 2020 and Accepted: 21 March 2021)

## Abstract

The present study investigated the use of citrate-stabilized silver nanoparticles (Cit-AgNPs) as a colorimetric probe for the visual detection of three antidepressants imipramine, citalopram, and sertraline. Colorimetric approach relied on color change of Cit-AgNPs due to aggregation induced by antidepressants. UV-Vis spectroscopy, scanning electron microscopy (SEM), dynamic light scattering (DLS), zeta potential, and Fourier transform infrared spectroscopy (FT-IR) were used to characterize Cit-AgNPs before and after the reaction with antidepressants. It was found that surface plasmon resonance band of Cit-AgNPs centered at 400 nm was red shifted with concomitant color change from yellow to reddish brown, dark green, and red due to addition of imipramine, citalopram, and sertraline, respectively. Colorimetric response was linearly related to antidepressants concentration over the calibration range of 2-10  $\mu\text{g mL}^{-1}$  with detection limits of 0.40, 0.25, and 0.39  $\mu\text{g mL}^{-1}$  for imipramine, citalopram, and sertraline, respectively. Besides this, the proposed sensing strategy is capable of detecting the cited antidepressants in pharmaceutical preparations, spiked, and real deproteinized blood and urine samples without requiring light sensitive dyes, complicated equipment and organic co-solvents.

**Keywords:** Biological fluids, Citalopram, Colorimetric sensor, Imipramine, Pharmaceutical preparations, Sertraline, Silver nanoparticles.

## 1. INTRODUCTION

Antidepressant medication relieves the symptoms of depression. Imipramine hydrochloride, chemically termed as [3-(10,11-dihydro-5H-dibenzo[b,f]azepin-5-yl)-N,N-dimethylpropan-1-amine hydrochloride] is an antidepressant belonging to tricyclic antidepressants class. It is related to dibenzazepine group and is used to treat disorders including panic disorder and major depression [1]. In recent years, the use of imipramine has decreased due to new group of antidepressants called selective serotonin reuptake inhibitors (SSRIs). Both citalopram hydrobromide [1-[3-(dimethyl amino) propyl]-1-(4-fluorophenyl)-1,3-dihydro-2-benzofuran-5-carbonitrilehydrobromide], and sertraline hydrochloride [(1S,4S)-4-(3,4-dichlorophenyl)-N-methyl-1,2,3,4-tetrahydronaph-

thalen-1-amine hydro-chloride] belonging to SSRIs class are better tolerated and safer to use [2]. SSRIs are also used to treat anxiety disorder, obsessive compulsive disorder and panic disorder. In many countries, SSRIs are found to be the most prescribed class of antidepressants [3]. Due to their widespread use in the treatment of depression, there is a need to develop a rapid and simple analytical procedure to assess the quality of antidepressants in pharmaceutical preparations and biological samples. In this connection, several analytical techniques have been presented including HPLC [4-7], liquid chromatography coupled to mass spectrometry (LC/MS) [8], fluorimetry [9] electro-analytical [10-12], and capillary electrophoresis [13]. No doubt, the above-

mentioned techniques revealed good sensitivities but they require several steps for sample preparation, long processing time, sophisticated equipment and skilled technicians.

The sensing approach is an interesting field of analytical nanotechnology. It is based on aggregation of metal nanoparticles [14,15]. The emerging nanotechnology made it possible to develop sensors using nanoparticles. Additionally, colorimetric optical assays exhibit potential to fulfil the special needs of low cost, simplicity, and free of complex equipment. Noble metal nanoparticles are applied in various investigations in analytical chemistry due to unique optical properties originating from phenomenon of surface plasmon resonance (SPR) [16]. The SPR band depends on a nanoparticle's composition, size, shape, inter-particle spacing and crystallinity [17]. AgNPs also exhibit antibacterial and anticancer properties [18]. The size of AgNPs is an important factor in successful colorimetric detection of analyte. Silver nanoparticles with smaller size i.e., 1-100 nm in diameter are considered as good colorimetric probe owing to their optical properties. When the size of silver nanoparticles increases, then the colloidal solution does not exhibit characteristic yellow color and displays brown color or turbid color and fails to accomplish desirable colorimetric detection of analyte [19]. AgNPs based colorimetric assays are so simple that analytes can be detected directly by naked eye simply by observing color change. AgNPs have found numerous applications ranging from water treatment [20], catalysis [21], bioengineering and biotechnology [22], to optics [23]. Nanometer-sized particles have also been used as an effective adsorbent for removal of lead (II) ion from wastewater [24].

Several colorimetric sensors have been proposed for the determination of certain chemical species including phenolic compounds [25], sugars [26], glucose [27], melamine [28], hydrogen peroxide [29],

ferulic acid [30], pharmaceutical drugs [17, 19, 31-34], creatinine [35], mercury [36], vitamin B<sub>1</sub> [37], and inorganic ions [38, 39].

To date, a few methods have been reported for detection of imipramine and citalopram using gold and silver nanoparticles [40-43]. Rawat *et al* used AuNPs as a colorimetric probe for visual detection of imipramine [40]. AgNPs have been utilized as electrode surface modifiers for determination of amitriptyline and imipramine [41]. The chiral differentiation between R and S citalopram enantiomers was reported by Tashkhourian *et al* using gold and silver nanoparticles [42, 43]. They found that addition of RS-citalopram and S-citalopram to AuNPs showed same color change. Besides this, the method revealed good selectivity towards S-citalopram [42]. In another study, they found that the addition of RS-citalopram to AgNPs caused color change of solution while S-citalopram did not cause any color change [43]. Citalopram enantiomers were determined over concentration range of 0.003-68.90  $\mu\text{g mL}^{-1}$  with detection limit of 0.0012  $\mu\text{g mL}^{-1}$  using AgNPs as chiral selector. However, in present work, Cit-AgNPs have been used as a colorimetric sensor to detect citalopram HBr. The detection is based on color change of Cit-AgNPs from yellow to dark green due to aggregation induced by citalopram resulting in an increase in size of Cit-AgNPs. Spectrofluorimetric technique was employed to determine sertraline using 1, 10-phenanthroline-terbium probe with AgNPs [44].

The aim of present study is to develop a new colorimetric probe for the analysis of imipramine, citalopram, and sertraline using citrate-stabilized AgNPs and to characterize the changes introduced in AgNPs owing to the interaction with the antidepressant drugs.

## 2. EXPERIMENTAL

### 2.1. Materials

Tri sodium citrate, silver nitrate, and sodium borohydride were purchased from Merck (Darmstadt, Germany). Hydrochloric acid (37 %), sodium tetraborate decahydrate, acetic acid, boric acid, and sodium hydroxide were obtained from Sigma Aldrich (Switzerland). Potassium chloride was purchased from Fluka (Switzerland). Methanol was obtained from Sigma Aldrich (Germany). The standards of imipramine HCl, citalopram HBr, and sertraline HCl were kindly provided by Indus pharma, Platinum pharmaceuticals (Pvt.) Ltd, and Barrett Hodgson Pakistan, (Pvt.) Ltd., respectively as a gift from their laboratory standards.

## 2.2. Instrumentation

Hitachi 220 double beam spectrophotometer (Hitachi Pvt. Ltd, Tokyo, Japan) was used to characterize Cit-AgNPs before and after its reaction with the antidepressant's drugs. All UV-Vis absorption measurements were carried out at room temperature using dual 1 cm quartz cuvettes. The pH of buffer solutions was measured using Orion 420 A pH meter (Orion Research Inc, Boston, USA) with internal reference electrode and glass electrodes. For morphological studies of Cit-AgNPs in presence and absence of antidepressants, scanning electron microscope (JEOL JSM-6490 LV) was employed at Centre for Pure and Applied Geology, University of Sindh, Jamshoro. The size distribution and zeta potential of Cit-AgNPs were determined with Malvern ZS-Nano analyzer (Malvern instrument Inc., London, UK) at Department of Metallurgy and Materials Engineering, Mehran University of Engineering and Technology, Jamshoro. Nicolet Atavar 330 (Thermo Nicolet corporation, USA) with attenuated total reflectance (ATR) was employed to obtain FT-IR spectra within the range of 4000 to 600  $\text{cm}^{-1}$ .

## 2.3. Synthesis of Citrate-Stabilized AgNPs

Cit-AgNPs were synthesized following reported method [45, 46]. Briefly, 2.0 mL of 50 mM sodium citrate solution was added into 78.0 mL of 0.64 mM  $\text{AgNO}_3$  solution under vigorous stirring for 20 min. Afterwards, 20.0 mL of 25.11 mM  $\text{NaBH}_4$  was added into reaction mixture at room temperature. The resulting mixture was stirred for 1 hour more. Consequently, the dark colloidal AgNPs solution color changed to bright yellow.

## 2.4. Preparation of Standard Solution

Imipramine, citalopram, and sertraline corresponding to 25 mg each was exactly weighed into separate 25 mL volumetric flasks. Methanol was added up to mark in each flask giving the final concentration of 1  $\text{mg mL}^{-1}$ . Stock solutions were diluted with methanol to prepare working solution (100  $\mu\text{g mL}^{-1}$ ).

## 2.5. Detection of Imipramine, Citalopram and Sertraline

Into a series of 10 mL volumetric flasks, 4 mL of Cit-AgNPs solution was mixed with 1 mL of buffer of optimum pH. Then 1 mL of 1  $\text{mg mL}^{-1}$  of each antidepressant was added separately into corresponding volumetric flasks and volume was adjusted with distilled water. Photographs were captured and color change was noted. The sample solutions were then transferred to quartz cuvette for recording UV-Vis absorption spectra against distilled water within 300-800 nm.

## 2.6. Sample preparation for Characterization

For recording SEM and FT-IR, sample solutions without and with antidepressants (100  $\mu\text{g mL}^{-1}$ ) were centrifuged at optimum pH at 5000 rpm for half an hour. Afterwards, the supernatant layer was removed and precipitates were added distilled water (10 mL) to wash the precipitates. The contents were mixed well and again centrifuged at 5000 rpm for 30 min. The supernatant was removed and precipitates were dried in air.

For zeta potential measurements, the dilute solutions of Cit-AgNPs without and with aforementioned antidepressants were prepared. 1-2 mL of each sample diluted to 20 mL was placed on zeta-disposable cell. Each experiment was performed three times and the mean values were obtained.

## 2.7. Preparation of Pharmaceutical Samples

Pharmaceutical tablets and capsules were purchased from local market. The nominal contents of 25 mg imipramine, 20 mg citalopram, and 50 mg sertraline were analyzed. For pharmaceutical content detection, 5 tablets of each of tofranil, citalo, pramcit, sert, and zoloft were finely powdered and weighed. The amount of powder equivalent to 25 mg was dissolved in 25 mL methanol to get a final concentration of  $1 \text{ mg mL}^{-1}$ . The solutions were mixed well and sonicated for 15 min and then filtered. The solutions were appropriately diluted and analyzed following analytical procedure.

## 2.8. Analysis of Imipramine, Citalopram, and Sertraline in Biological Fluids

Initially, blood serum sample (5 mL) obtained from healthy volunteer was centrifuged at 4000 rpm for 20 minutes and supernatant layer was then transferred to another centrifuge tube and methanol was added twice to the volume. The sample was again centrifuged at 4000 rpm and supernatant layer was collected. An aliquot of serum (1 mL) was then treated as detection of drugs and was spiked with standard of each antidepressant at final concentration of 4, 6, and  $8 \text{ } \mu\text{g mL}^{-1}$ .

To urine sample (5 mL), was added methanol in twice volume. The sample was centrifuged at 4000 rpm for 20 minutes. After separating the supernatant layer, 1 mL of it was transferred to 10 mL volumetric flask and treated in same manner as that of blood serum sample. The quantitation was carried out from linear

regression equation of external calibration curve.

The samples of blood and urine were collected from healthy volunteers with their written permission and with the approval of ethical committee of Institute of Advanced Research Studies in Chemical Sciences, University of Sindh, Jamshoro.

## 2.9. Procedure for Real Blood Serum Sample Preparation

25 mg tofranil tablet containing imipramine HCl was taken orally by healthy volunteer. 5 mL of blood serum sample was collected in EDTA tube after 2 hours of oral administration. The blood serum sample was then centrifuged at 4000 rpm for 20 minutes. Supernatant layer was separated and collected in another centrifuge tube. After that, methanol was added twice the volume of supernatant and centrifuged again at 4000 rpm for 20 minutes. 1 mL of resulting supernatant was then treated as mentioned earlier in general procedure without adding standard. Another sample was also prepared in the similar manner and was added standard ( $6 \text{ } \mu\text{g mL}^{-1}$ ).

Similarly, 50 mg sert tablet (sertraline HCl) was taken orally by another healthy volunteer. 2 hours later, blood serum sample (5 mL) was collected and processed in same manner as for tofranil tablet.

The healthy volunteers were informed about the research objectives and the real human blood serum samples were collected with their written permission and with ethical committee approval.

## 3. RESULTS AND DISCUSSION

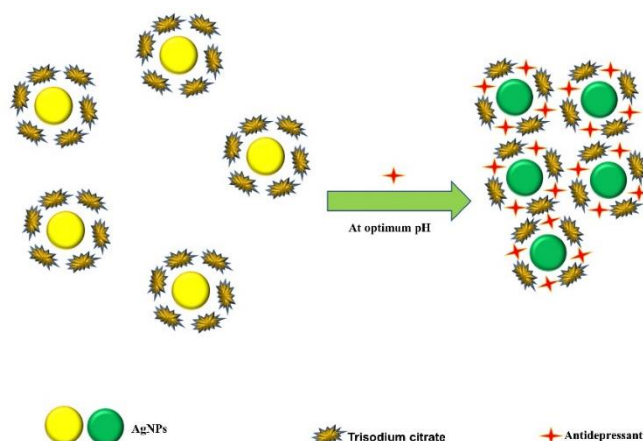
The bright yellow solution of citrate stabilized AgNPs was obtained as a consequence of chemical reduction of  $\text{AgNO}_3$  by  $\text{NaBH}_4$ . In addition, the aggregation of AgNPs was prevented by capping of sodium citrate on the surface of AgNPs. A systematic study for qualitative and quantitative identification of the drugs using AgNPs as colorimetric probe was

investigated. A number of drugs were screened separately by spiking the aqueous solution of AgNPs at optimum pH with the drugs. The addition of antidepressant drugs imipramine, citalopram, and sertraline to Cit-AgNPs indicated a prominent color change of AgNPs solution from yellow to reddish brown, dark green and red, respectively.

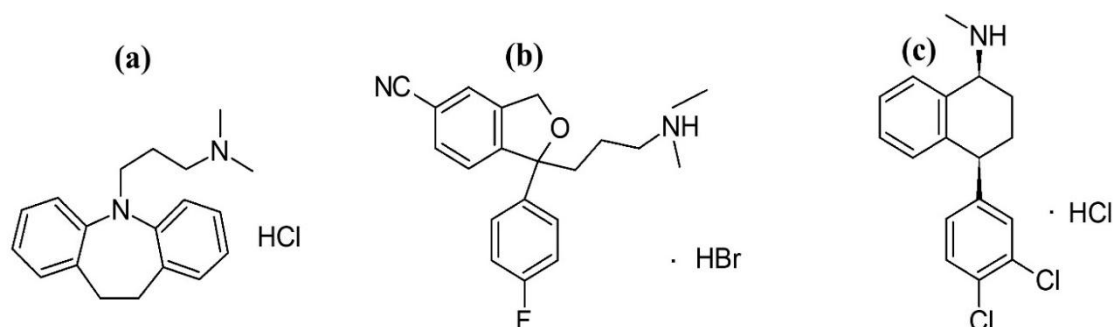
### 3.1. Colorimetric Sensing Mechanism for Detection of Imipramine, Citalopram, and Sertraline

The mechanism of colorimetric detection of imipramine, citalopram, and sertraline is illustrated in Fig. 1. Under normal conditions, AgNPs are stable due to electrostatic repulsion of negatively charged trisodium citrate thereby preventing the van der Waal's attraction among AgNPs. The addition of aforementioned antidepressants could break electrostatic stability among AgNPs

due to interaction between negatively charged trisodium citrate and positively charged antidepressants. Fig. 2 depicts the chemical structures of imipramine, citalopram, and sertraline. It is obvious that each of the antidepressant is basic in nature containing secondary and tertiary amino groups. At appropriate pH, the three antidepressants carry positive charge. Moreover, the nitrogen, fluorine, and oxygen of imipramine, citalopram, and sertraline can make hydrogen bonds with OH groups on AgNPs surface. Consequently, the adjacent AgNPs aggregate via an electrostatic interaction and hydrogen bonding leading to color change from yellow to reddish brown, dark green, and red for imipramine, citalopram, and sertraline, respectively. At the same time, the characteristic absorbance of AgNPs decreases and undergoes a bathochromic shift.



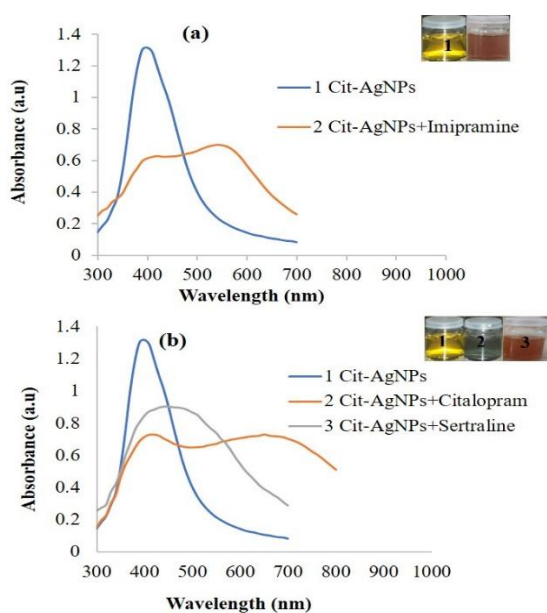
**Figure 1.** Schematic illustration of aggregation of Cit-AgNPs induced by antidepressants.



**Figure 2.** Chemical structures of (a) imipramine hydrochloride, (b) citalopram hydrobromide and (c) sertraline hydrochloride.

### 3.2. Characterization

AgNPs in absence and presence of antidepressants were characterized by UV-Vis. spectroscopy, SEM, DLS, zeta potential and FT-IR. UV-Vis. absorption spectra show a characteristic sharp peak at 400 nm for Cit-AgNPs. However, it can be seen that SPR peak shifts towards longer wavelength and decreases in intensity due to addition of antidepressants (Fig. 3a, b). Consequently, a color change was observed from yellow to reddish brown, dark green, and red for imipramine, citalopram, and sertraline, respectively.

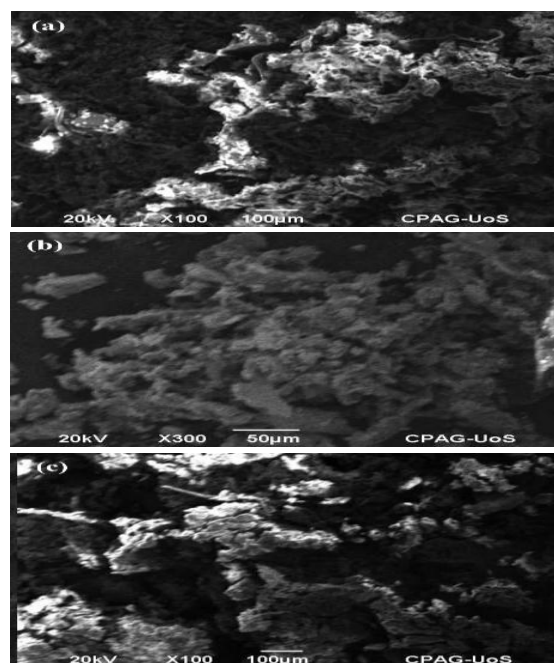


**Figure 3.** Absorption spectra of Cit-AgNPs in absence and presence of (a) imipramine, (b) citalopram, and sertraline at optimum pH. Experimental conditions: concentration of each antidepressant ( $100 \mu\text{g mL}^{-1}$ ), room temperature  $30^\circ\text{C}$ .

The morphology, average size and FT-IR results of Cit-AgNPs have been reported earlier [34]. Briefly, the SEM image showed smooth spherical morphology of Cit-AgNPs. The average hydrodynamic diameter of Cit-AgNPs revealed 4 nm size and zeta potential measurements showed the negative charge of -36.2 for AgNPs. FT-IR results of Cit-AgNPs indicated broad absorption band located at  $3202 \text{ cm}^{-1}$  corresponding to OH stretching. The peak at  $1733\text{-}1652 \text{ cm}^{-1}$  revealed ketone group.

$\text{CH}_2$  band was found at  $1338 \text{ cm}^{-1}$ . Moreover, C-O stretch was observed at  $1190 \text{ cm}^{-1}$ . The previous results clearly demonstrated the successful capping of AgNPs by trisodium citrate.

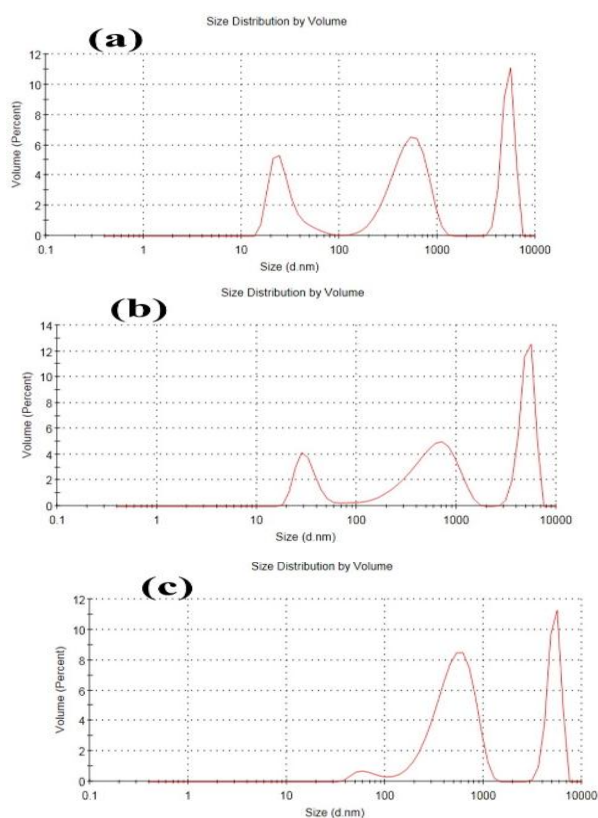
The interaction between Cit-AgNPs and the cited drugs has been confirmed by SEM, DLS, zeta potential, and FT-IR. From Fig. 4a-c, it is obvious that Cit-AgNPs possess thin wire like, rod like and granular rough surface in presence of imipramine, citalopram, and sertraline, respectively.



**Figure 4.** SEM images of Cit-AgNPs in presence of (a) imipramine, (b) citalopram, and (c) sertraline. Experimental conditions: pH 10 for imipramine and 8 for citalopram and sertraline, concentration of each antidepressant ( $100 \mu\text{g mL}^{-1}$ ), temperature  $30^\circ\text{C}$ .

The average sizes of Cit-AgNPs in presence of cited antidepressants are depicted in Fig. 5a-c. It can be noticed that the average size of Cit-AgNPs is significantly increased from 4 nm to 286, 222, and 247 nm after addition of imipramine, citalopram, and sertraline, respectively. DLS data showed one peak

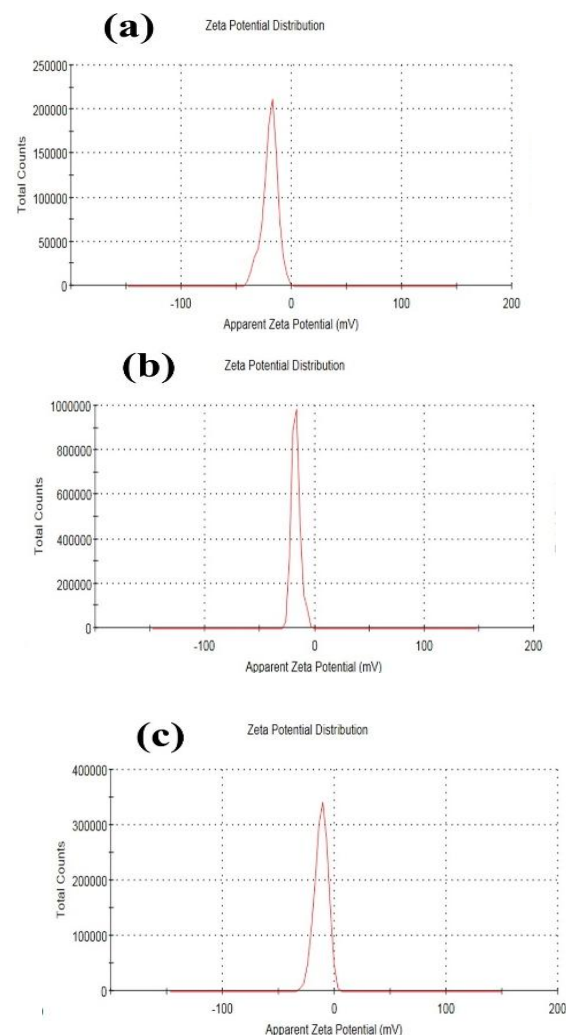
for Cit-AgNPs [34]. The presence of monomodal peak confirmed the spherical shape of Cit-AgNPs [47]. However, three peaks can be seen in Fig. 5a-c. It may be due to formation of large clusters of AgNPs after addition of cited antidepressants resulting in multimodal peaks. Consequently, the size of AgNPs is greatly increased and their shape may also change from spherical to non-spherical which is reflected in 3 modes DLS figure.



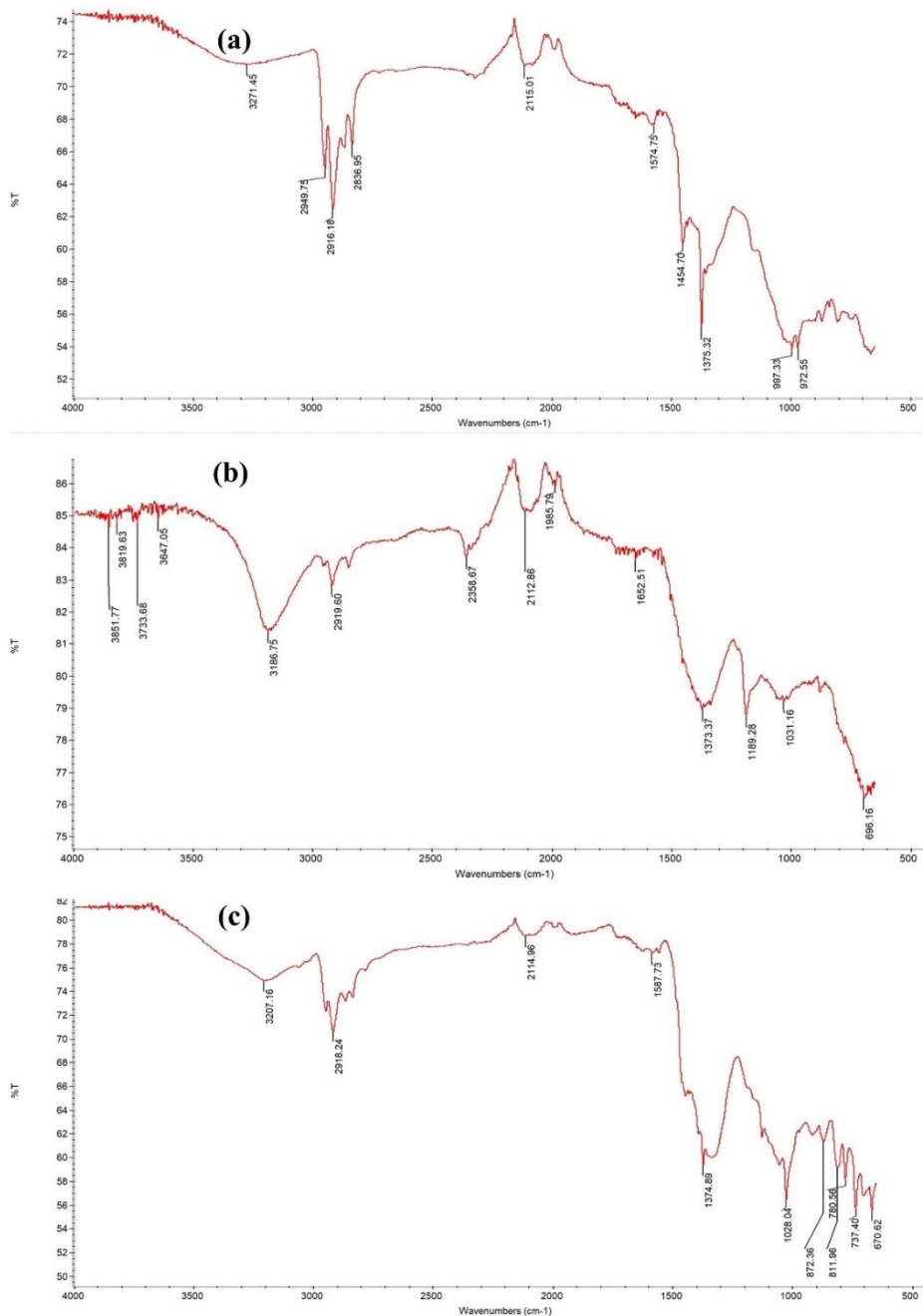
**Figure 5.** DLS measurements of Cit-AgNPs in presence of (a) imipramine, (b) citalopram, and (c) sertraline. Experimental conditions: concentration of each antidepressant ( $10 \mu\text{g mL}^{-1}$ ).

The surface charge was decreased from -36.2 mV to -19.5, -17.2, and -11.9 mV for imipramine, citalopram, and sertraline, respectively as shown in Fig. 6a-c. Additionally, the interaction of aforesaid antidepressants with Cit-AgNPs is confirmed by FT-IR (Fig. 7a-c). FT-IR spectra of Cit-AgNPs shows the appearance of various peaks in presence of imipramine, citalopram, and sertraline. IR

band at  $1574 \text{ cm}^{-1}$  is ascribed to C=C stretch of aromatic ring in imipramine as depicted in Fig. 7a. Furthermore, the peaks at  $2949\text{-}2836 \text{ cm}^{-1}$  represent aliphatic C-H group stretch of imipramine. Fig. 7b shows the presence of C-F stretch due to citalopram at  $1031 \text{ cm}^{-1}$ . The interaction of Cit-AgNPs with sertraline is evidenced by the appearance of C-N stretch at  $1028 \text{ cm}^{-1}$  (Fig. 7c). C-H bending vibration was observed at  $872\text{-}670 \text{ cm}^{-1}$ . FT-IR results showed the attachment of cited antidepressants on Cit-AgNPs surface via hydrogen bonding and electrostatic interaction.



**Figure 6.** Zeta potential of Cit-AgNPs (a) with imipramine, (b) citalopram, and (c) sertraline. Experimental conditions: concentration of each antidepressant ( $10 \mu\text{g mL}^{-1}$ ).



**Figure 7.** FTIR spectra of Cit-AgNPs (a) with imipramine, (b) citalopram, and (c) sertraline. Concentration of each antidepressant ( $100 \mu\text{g mL}^{-1}$ ).

### 3.3. Optimum Parameters

#### 3.3.1. Effect of pH

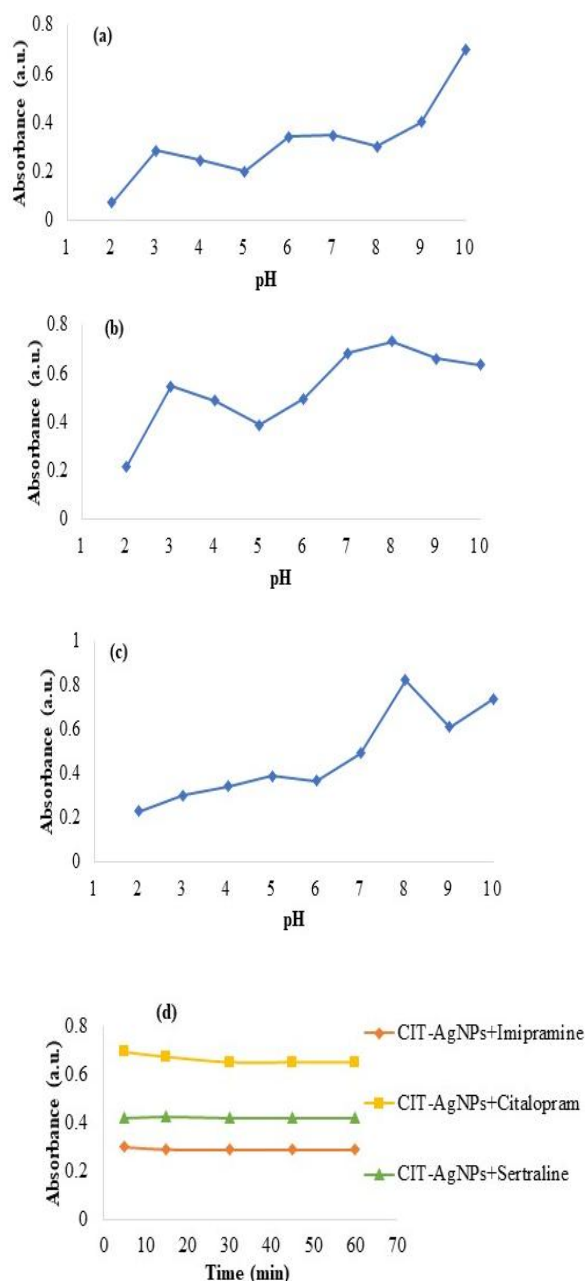
Colorimetric response is strongly dependent on pH. The pH of medium affects the particle stability and it also influences electrical charge of analyte [48]. The aggregation of Cit-AgNPs is based on electrostatic interaction between positively charged antidepressants and negatively charged citrate. The colorimetric response

of each of imipramine, citalopram, and sertraline was monitored at fixed wavelength i.e., 550, 650, and 520 nm, respectively, from pH 2 to 10 (Fig. 8a-c).

The maximum response was observed at pH 10 for imipramine and at pH 8 for both of citalopram, and sertraline. Additionally, the UV-Vis absorption spectra of Cit-AgNPs in presence of above cited drugs were also recorded at various pH (Fig. 9a-



c). It was found that at low pH (<4.0), self-aggregation of Cit-AgNPs occurred before addition of any drug due to neutralization of surface charge of Cit-AgNPs. However, at higher pH values, the antidepressants bear positive charge and interact with negatively charged citrate ions. Therefore, the suitable pH for analysis of imipramine was 10, and for citalopram and sertraline it was 8.

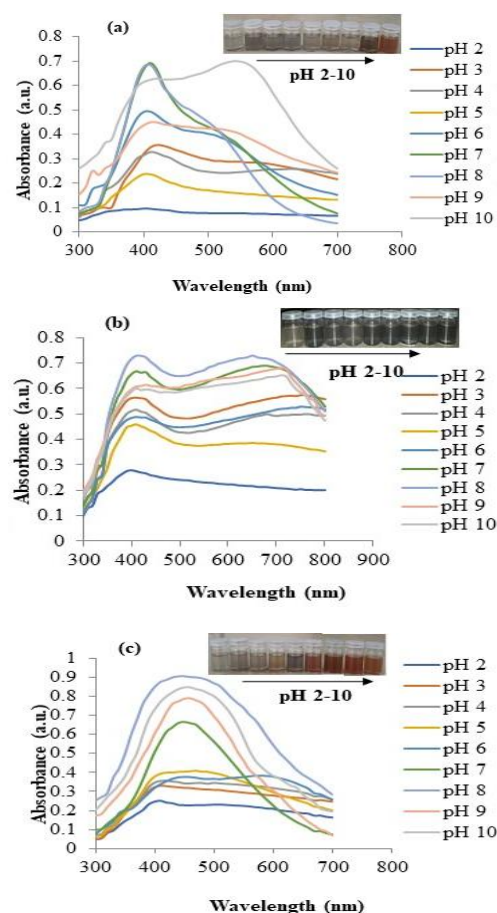


**Figure 8.** Effect of pH on absorbance of Cit-AgNPs with (a) imipramine ( $100 \mu\text{g mL}^{-1}$ ), (b) citalopram ( $100 \mu\text{g mL}^{-1}$ ), and (c) sertraline ( $100 \mu\text{g mL}^{-1}$ ) and (d) effect of time on absorbance of Cit-AgNPs in

presence of antidepressants ( $10 \mu\text{g mL}^{-1}$ ) at optimized conditions as experimental.

### 3.3.2. Effect of Time

The time dependent absorbance of Cit-AgNPs with antidepressants ( $10 \mu\text{g mL}^{-1}$ ) was also studied. From Fig. 8d, it is clear that SPR absorbance of Cit-AgNPs with imipramine and citalopram was initially increased within 5 minutes, then showed slight decrease up to 20 minutes and afterwards it became constant. However, in presence of sertraline, the absorbance of Cit-AgNPs showed an obvious decrease for first 5 minutes then it became steady after 20 min up to 1 hour. Thus, 25 min was selected as an optimum time for colorimetric sensing of imipramine, citalopram, and sertraline.



**Figure 9.** UV-Vis absorption spectra of Cit-AgNPs in presence of (a) imipramine, (b) Citalopram, and (c) Sertraline. Concentration of each antidepressant ( $100 \mu\text{g mL}^{-1}$ ).

### 3.3.3. Effect of Concentration of Analyte

To quantify the concentration of imipramine, citalopram, and sertraline, the absorption ratios of  $A_{550}/A_{400}$ ,  $A_{650}/A_{400}$ , and  $A_{520}/A_{400}$ , respectively were used. It was observed that the absorption ratios exhibited a linear response to antidepressants concentration within 2-10  $\mu\text{g mL}^{-1}$  (Fig. 10a-c). In addition to this, the color change of Cit-AgNPs solution became intense by increasing the concentration of antidepressants. So, one can discriminate the concentration of antidepressants by naked eye. The

detection limits were calculated to be 0.40, 0.25, and 0.39  $\mu\text{g mL}^{-1}$  for imipramine, citalopram, and sertraline, respectively, using the expression  $\text{LOD}=3.3\text{Sa}/b$ , where Sa is the standard deviation of y intercept and b is the slope of calibration curve. Quantitation results are summarized in Table. 1 indicating the proposed method is practical and reliable. In addition to this, the quantitation limits were determined to be 1.23, 0.77, and 1.20  $\mu\text{g mL}^{-1}$  for imipramine, citalopram, and sertraline, respectively.

**Table 1.** Quantitative analysis of imipramine, citalopram and sertraline.

| Antidepressants | Linearity range ( $\mu\text{g mL}^{-1}$ ) | Linear regression equation | COD <sup>a</sup> | LOD <sup>b</sup> ( $\mu\text{g mL}^{-1}$ ) | LOQ <sup>c</sup> ( $\mu\text{g mL}^{-1}$ ) |
|-----------------|---|----------------------------|------------------|--|--|
| Imipramine      | 2-10                                      | $y = 0.0142x + 0.1597$     | 0.999            | 0.40                                       | 1.23                                       |
| Citalopram      | 2-10                                      | $y = 0.0119x + 0.5753$     | 0.9996           | 0.25                                       | 0.77                                       |
| Sertraline      | 2-10                                      | $y = 0.033x + 0.0938$      | 0.999            | 0.39                                       | 1.20                                       |

<sup>a</sup> Coefficient of determination

<sup>b</sup> Limit of detection

<sup>c</sup> Limit of quantitation

### 3.4. Selectivity

The selectivity of colorimetric approach was evaluated by examining the response of method in presence of interfering substances. To examine the selectivity of colorimetric probe, various interfering species were added to Cit-AgNPs separately at a concentration of 60  $\mu\text{g mL}^{-1}$ . The foreign species include sucrose, starch, glucose,  $\text{Ca}^{2+}$ , and  $\text{Na}^+$ . Additionally, the selectivity of proposed colorimetric sensor was also investigated in presence of some common drugs atenolol, metoprolol, and diclofenac sodium initially at ratio of 1:1 and then at ratio of 1:10. The concentration of each antidepressant was 6  $\mu\text{g mL}^{-1}$ . From Fig. 10d-f, it can be seen that foreign species and some common drugs did not interfere with colorimetric sensing of imipramine, citalopram, and sertraline with relative error of below 5 %.

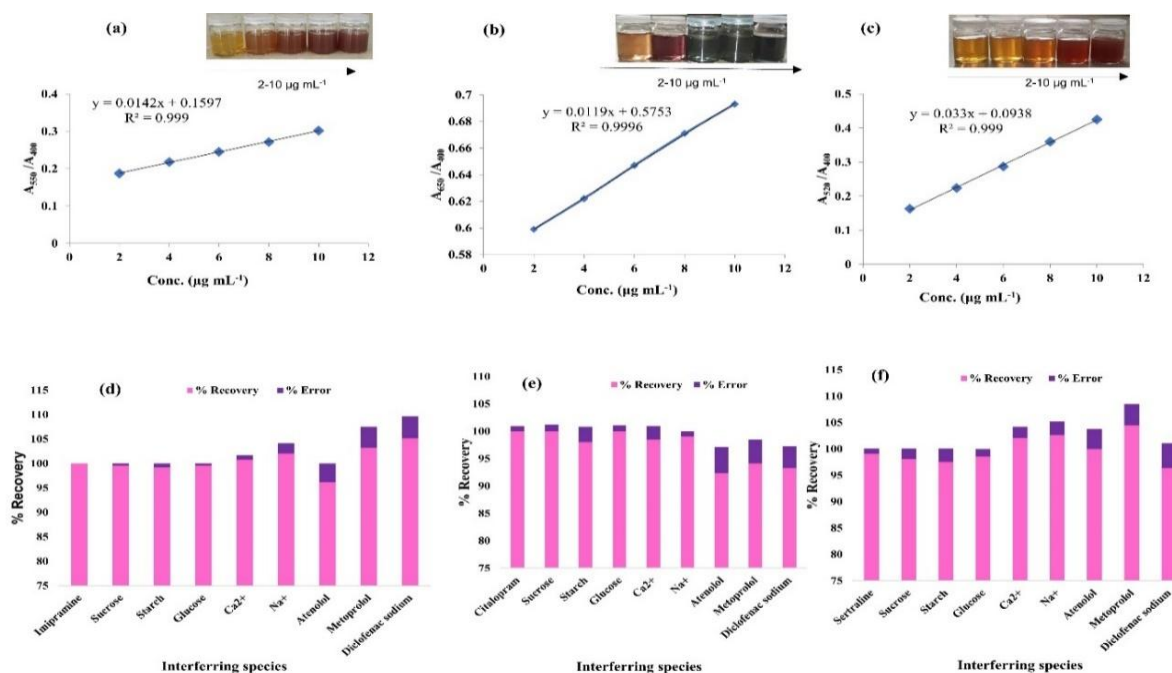
Moreover, the absorption spectra of Cit-AgNPs were recorded in presence of cited drugs (60  $\mu\text{g mL}^{-1}$ ) without antidepressants. It was found that the addition of atenolol, metoprolol, and diclofenac sodium did not cause any color change of Cit-AgNPs solution and absorption band of AgNPs was not shifted towards longer wavelength (Fig. 11). The results indicate that the developed colorimetric probe is selective to imipramine, citalopram, and sertraline. However, the other drugs atenolol, metoprolol, and diclofenac sodium did not interact with Cit-AgNPs.

### 3.5. Precision

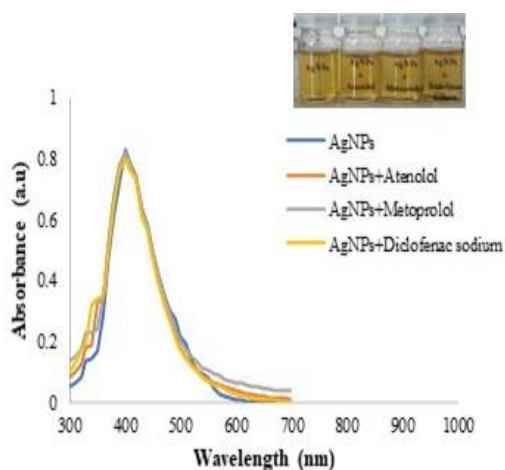
The precision of colorimetric probe was evaluated by intra-day and inter-day assays. For intra-day and inter-day precision measurements, sample solutions of each of imipramine, citalopram, and sertraline were analyzed on same day

(n=5) and on five consecutive days (n=5). The relative standard deviation (RSD) for

intra-day variation was below 2 % and for inter-day variation it was below 3%.



**Figure 10.** Effect of concentration of (a) imipramine, (b) citalopram, and (c) sertraline on absorbance of Cit-AgNPs under optimum conditions; interference effect of foreign species on the determination of (d) imipramine, (e) citalopram, and (f) sertraline (concentration of each antidepressant  $6 \mu\text{g mL}^{-1}$ , concentration of foreign species  $60 \mu\text{g mL}^{-1}$ ; concentration of atenolol, metoprolol, and diclofenac sodium  $60 \mu\text{g mL}^{-1}$ ).



**Figure 11.** UV-Vis. absorption spectra of Cit-AgNPs in presence of some common drugs without antidepressants (Concentration of drugs  $60 \mu\text{g mL}^{-1}$ ).

### 3.6. Determination of Antidepressants in Pharmaceutical Preparations and Spiked Samples

Imipramine, citalopram, and sertraline were analyzed in pharmaceutical prepara-

tions, and biological samples using the proposed method. The pharmaceutical products were analyzed by standard addition method. Three test solutions of each of imipramine, citalopram, and sertraline were analyzed within the calibration range and relative error was below 5 % (n=3). The quantitative results were obtained using linear regression equation of calibration curve. The average values were used for calculations. The recoveries were within the range of 96-99 % (Table 2-4) with RSD of below 3% (n=3). RSDs for spiked blood serum and urine samples were < 2 % supporting that the samples did not interfere the colorimetric detection of imipramine, citalopram, and sertraline using Cit-AgNPs.

### 3.7. Analysis of Drugs in Real Human Blood Serum Samples

The blood serum samples of healthy volunteers were also analyzed by standard addition method. The volunteers had taken tablet tofranil 25 mg (imipramine HCl) and sert 50 mg (sertraline HCl). After 2 hours, their blood samples were collected and analyzed by following general procedure. The reliability of method was examined by adding imipramine and sertraline standard solutions to blood serum samples of human who had taken pharmaceutical product (tofranil and sert). An increase in absorbance intensity was observed after addition of standard drug to blood serum of person who had taken antidepressant. Amount of standard drug (imipramine, and sertraline each) added separately was  $6 \mu\text{g mL}^{-1}$ . To validate the developed colorimetric method, a recovery test was performed. The recoveries were calculated by comparing the results obtained prior to standard addition and after addition of standards. 100-101 % mean recoveries were obtained in real blood serum samples with relative error of  $< 3 \%$ . The results of imipramine, and sertraline in real blood

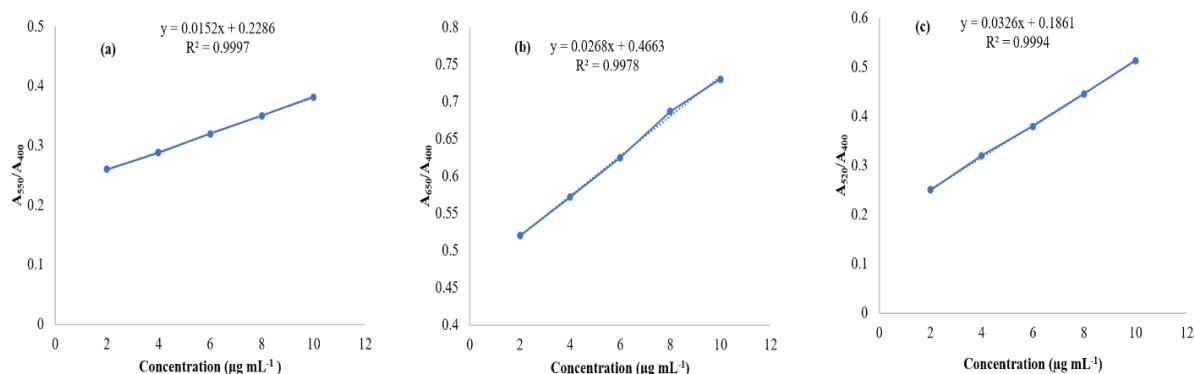
serum samples are presented in Table 5. RSD was below 2 % ( $n=3$ ). The average results were employed for calculations.

The sensitivity of the developed colorimetric approach was also investigated in deproteinized blood serum sample. Linear calibration curves were obtained within  $2\text{-}10 \mu\text{g mL}^{-1}$  (Fig. 12) We have determined LOD and LOQ of imipramine, citalopram, and sertraline in deproteinized blood serum of healthy volunteer using calibration graph. LOD were calculated to be 0.235, 0.599, and  $0.307 \mu\text{g mL}^{-1}$  for imipramine, citalopram, and sertraline, respectively, and LOQs were determined to be 0.712, 1.815, and  $0.932 \mu\text{g mL}^{-1}$  for imipramine, citalopram, and sertraline, respectively.

The results clearly demonstrate that colorimetric sensing approach can be successfully applied to determine antidepressants in real samples including pharmaceuticals, spiked, and real human blood serum and urine samples with good accuracy and reproducibility.

**Table 2.** Pharmaceutical Analysis of imipramine, citalopram, and sertraline.

| Name of tablet | Labelled amount (mg) | Amount found (mg) | Recovery (%) | RSD (%) (n=3) |
|----------------|----------------------|-------------------|--------------|---------------|
| Tofranil       | 25                   | 24.75             | 99.00        | 1.93          |
| Citalo         | 20                   | 19.92             | 99.01        | 1.02          |
| Pramcit        | 20                   | 19.20             | 97.17        | 1.35          |
| Sert           | 50                   | 49.80             | 99.60        | 1.58          |
| Zoloft         | 50                   | 49.50             | 99.00        | 1.38          |



**Figure 12.** Effect of concentration of (a) imipramine, (b) citalopram, and (c) sertraline on absorbance of Cit-AgNPs in deproteinized blood serum samples.

**Table 3.** Analysis of imipramine, citalopram, and sertraline in spiked human blood serum and urine samples.

| Antidepressant analyzed | Sample analyzed    | Added ( $\mu\text{g mL}^{-1}$ ) | Found ( $\mu\text{g mL}^{-1}$ ) | Recovery (%) | RSD % (n=3) |
|-------------------------|--------------------|---------------------------------|---------------------------------|--------------|-------------|
| Imipramine              | Spiked blood serum | 4                               | 3.96                            | 99.00        | 1.83        |
|                         |                    | 6                               | 5.95                            | 99.16        | 1.68        |
|                         |                    | 8                               | 7.93                            | 99.12        | 1.65        |
|                         | Spiked human urine | 4                               | 3.89                            | 97.25        | 1.05        |
|                         |                    | 6                               | 5.93                            | 98.83        | 1.12        |
|                         |                    | 8                               | 7.90                            | 98.75        | 1.73        |
| Citalopram              | Spiked blood serum | 4                               | 3.92                            | 98.00        | 1.29        |
|                         |                    | 6                               | 5.91                            | 98.50        | 1.18        |
|                         |                    | 8                               | 7.85                            | 98.12        | 1.21        |
|                         | Spiked human urine | 4                               | 3.84                            | 96.00        | 1.89        |
|                         |                    | 6                               | 5.87                            | 97.83        | 1.77        |
|                         |                    | 8                               | 7.86                            | 98.25        | 1.53        |
| Sertraline              | Spiked blood serum | 4                               | 3.94                            | 98.50        | 1.08        |
|                         |                    | 6                               | 5.92                            | 98.66        | 1.03        |
|                         |                    | 8                               | 7.90                            | 98.75        | 1.13        |
|                         | Spiked human urine | 4                               | 3.88                            | 97.00        | 1.92        |
|                         |                    | 6                               | 5.84                            | 97.33        | 1.83        |
|                         |                    | 8                               | 7.80                            | 97.50        | 1.81        |

**Table 4.** Analysis of imipramine, citalopram, and sertraline in pharmaceutical products using Cit-AgNPs by standard addition method.

| Tablet analyzed | Amount of pharmaceutical taken ( $\mu\text{g mL}^{-1}$ ) | Amount of standard added ( $\mu\text{g mL}^{-1}$ ) | Total amount found ( $\mu\text{g mL}^{-1}$ ) | Recovery (%) | RSD (%) (n=3) |
|-----------------|--|--|--|--------------|---------------|
| Tofranil        | 4.0  | 0.0  | 3.96   | 99.0         | 1.33          |
|                 | 4.0  | 2.0  | 5.87   | 97.8         | 1.59          |
|                 | 4.0  | 4.0  | 7.91   | 98.9         | 1.41          |
|                 | 4.0  | 6.0  | 9.95   | 99.5         | 1.29          |
| Citalo          | 4.0  | 0.0  | 3.92   | 98.1         | 1.24          |
|                 | 4.0  | 2.0  | 5.94   | 99.0         | 1.78          |
|                 | 4.0  | 4.0  | 7.96   | 99.5         | 1.95          |
|                 | 4.0  | 6.0  | 9.97   | 99.7         | 2.10          |
| Sert            | 4.0  | 0.0  | 3.94   | 98.5         | 1.81          |
|                 | 4.0  | 2.0  | 5.92   | 98.7         | 2.16          |
|                 | 4.0  | 4.0  | 7.98   | 99.8         | 1.54          |
|                 | 4.0  | 6.0  | 9.98   | 99.8         | 1.95          |

The proposed colorimetric approach was compared with HPLC, spectrophotometric, spectrofluorimetric, and capillary electrophoresis regarding sensitivity, calibration range, and ease of analysis. Compared with spectrophotometric [49,50, 54, 55], and liquid chromatographic methods [52,53], the developed sensing approach reveals better or comparable sensitivity for the

determination of three antidepressants. Although, the sensitivity of developed method is lower than the reported traditional methods like HPLC, LC/MS, and spectrofluorimetric as shown in Table 6, nevertheless, the method is still an alternative to these techniques in terms of simplicity and rapidity.

**Table 5.** Analysis of imipramine and sertraline in real blood serum sample by standard addition method.

| Antidepressant analyzed | Sample analyzed | Amount of standard added ( $\mu\text{g mL}^{-1}$ ) | Amount found ( $\mu\text{g mL}^{-1}$ ) | Recovery (%) | RSD, % (n=3) |
|-------------------------|-----------------|--|--|--------------|--------------|
| Imipramine              | Blood serum     | 0  | 0.711                                  | -            | 1.38         |
|                         |                 | 6  | 6.781                                  | 101.16       | 1.03         |
| Sertraline              | Blood serum     | 0  | 0.915                                  | -            | 1.29         |
|                         |                 | 6  | 6.915                                  | 100.00       | 1.20         |

**Table 6.** Comparison of present method with reported methods.

| Analyte                                | Analytical technique                | Calibration range ( $\mu\text{g mL}^{-1}$ ) | LOD ( $\mu\text{g mL}^{-1}$ ) | Sample analyzed                                    | Reference    |
|--|-------------------------------------|---|-------------------------------|--|--------------|
| Imipramine                             | LC/MS <sup>a</sup>                  | 0.1-1.0                                     | 0.05                          | Human plasma                                       | [8]          |
| Sertraline                             | Fluorimetry                         | 0.3-20                                      | 0.07                          | Tablets  | [9]          |
| Sertraline                             | Spectrofluorimetric                 | 0.001-3                                     | $2.9 \times 10^{-4}$          | Pharmaceuticals and biological samples             | [44]         |
| Imipramine                             | Spectrophotometric                  | 5-30, 20-200                                | 0.14, 4.7                     | Pharmaceutical formulations                        | [49]         |
| Sertraline                             | Spectrophotometric                  | 4-120                                       | 1.19-2.98                     | Pharmaceutical formulations                        | [50]         |
| Sertraline                             | HPLC <sup>b</sup>                   | 1-120                                       | 0.029                         | Pharmaceutical preparations                        | [51]         |
| Citalopram                             | Micellar LC <sup>c</sup>            | 1-200                                       | 0.5                           | Tablets  | [52]         |
| Citalopram                             | LC                                  | 50-600                                      | 0.5                           | Pharmaceutical preparations                        | [53]         |
| Citalopram                             | Spectrophotometric methods          | 5-40<br>10-250                              | 4.6<br>5.2                    | Dosage forms                                       | [54]         |
| Citalopram                             | Spectrophotometric C.E <sup>d</sup> | 2-12<br>5-50                                | 0.5<br>0.8                    | Tablets  | [55]         |
| Imipramine<br>Citalopram<br>Sertraline | Colorimetric method using Cit-AgNPs | 2-10  | 0.40<br>0.25<br>0.39          | Pharmaceutical formulations, and biological fluids | Present work |

<sup>a</sup> Liquid chromatography coupled to mass spectrometry

<sup>b</sup> High performance liquid chromatography

<sup>c</sup> Liquid chromatographic

<sup>d</sup> Capillary electrophoresis

#### 4. CONCLUSION

Colorimetric analytical technique was established for determination of imipramine, citalopram, and sertraline. The approach revealed good sensitivity, selectivity, and reproducibility. Under optimum conditions, the real samples were analyzed for determination of aforemen-

tioned antidepressants with % recoveries of 96-101 % (n=3). The method yielded detection limits of 0.4, 0.25, and 0.39  $\mu\text{g mL}^{-1}$  for imipramine, citalopram, and sertraline, respectively. Furthermore, the proposed sensing approach would hold great potential in clinical analysis owing to rapid response and reduced cost.

## ACKNOWLEDGEMENT

We are thankful to Institute of Advanced Research Studies in Chemical Sciences for supporting the research project. We also acknowledge Indus pharma, Platinum pharmaceuticals (Pvt.) Ltd., and Barrett Hodgson, Pakistan, (Pvt.) Ltd., for

providing standards of imipramine HCl, citalopram HBr, and sertraline HCl, respectively.

## Conflict of interest

The authors declare that they have no conflict of interest.

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